

# October Newsletter



## Happy Fall

With the turning colours of the leaves, our thoughts turn to Thanksgiving and what makes us thankful. This month at Infinity, we would like to give thanks for YOU, our incredible Infinity family!

## Monthly Contest

We will be having a monthly contest--last month for September you had to find how many apples were hidden in the newsletter. Congratulations to Miss Olive with the correct answer of 12 apples! She won a pass to our Kids Night Out! This month, we are asking what you are thankful for. You could win 2 passes to November Laser Tag! (a value of \$30) You can find the ballot to fill out in the newsletter. Don't miss out!

## How many ways....

Last month, we started a "word of the month" on our whiteboard in the lobby. Thanks to all of our families, we were able to say a greeting in French, Gujarati, Arabic, Georgian, Spanish, Egyptian, Irish (Gaelic), Greek, Dutch, and Nigerian. This month, our "word of the month" will be THANK YOU, so please feel free to add to the translation and which language it is. We are so grateful for the rich diversity and cultures that make up our Infinity family and appreciate everyone sharing theirs with us!

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# Important Dates

## MONTHLY CONTEST

Every month we have a contest to win a **FREE Kids Night Out or Lasertag!**  
Entry ballot **BELOW**



## NEW LASER TAG Birthday Parties

1st Saturday of each month  
6, 7 & 8pm  
1 hour laser tag & 45 min party room  
**REGISTER NOW!**

## Don't forget!

The gym will be **closed only on Monday Oct 14th** for the Thanksgiving stat holiday

## Smart

### Suggestions:

Label all of your items & bring water bottle to class

## Reminder!

Register **NOW** for **PD Day Camp**  
Oct. 25th  
\*limited spaces

## October CONTEST

What are **YOU** thankful for?



Register now for **KIDS NIGHT OUT**

**October 26**  
**5-9pm**

## Don't forget!

Book your birthday party  
Sat 4 & 6pm  
Sunday 2, 4 & 6pm

**What are you thankful for?"** entry

Name: \_\_\_\_\_ Age: \_\_\_\_\_

I am thankful for \_\_\_\_\_ Phone #: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

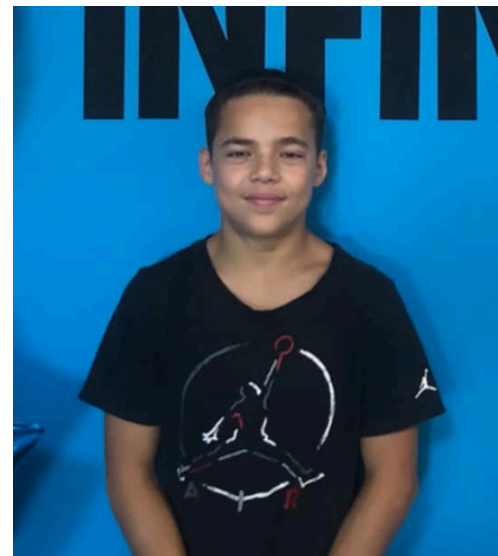
# NEWS

## FROM THE HORSES MOUTH



### MEN'S GYMNASTICS

Infinity MAG athlete, Yasir, is gearing up for a major season packed with competitions, proudly representing Kemptville Infinity. He's in the midst of intense preparation, with three key events on the horizon, including the Ontario Provincial Championships in April 2025 and the Canadian Championships in Alberta in May 2025. With the guidance of his high-performance coach, Wajdi, Yasir is determined to achieve outstanding results. It's an exciting and promising journey ahead, and we wish him all the best!



## COMPETITIVE TEAM UPDATES

### BOTTLE DRIVE: OCTOBER 19

The girls competitive team are working hard towards their first competition in November. They will be hosting a fundraiser this month and all proceeds will go towards costs of their competitive team expenses.

Please save your bottles and cans! There will be a bin in front of the gym for you to drop off your donations October 13-19 . If you need a pick-up you can email [infinityfundraiser@gmail.com](mailto:infinityfundraiser@gmail.com) to arrange a time and place.



**Support Infinity's Competitive Team!**

# AND IN OTHER NEWS...

## **NINJA PROGRAM** ~from Coach Sam

Dear Parents,

In this newsletter, I want to take the time to explain the importance of enrolling your children in the Ninja Program. Recently, Kemptonville Infinity announced the name change from Parkour to Ninja because the program's new structure has been designed to meet the physical needs of all athletes enrolled, regardless of age or gender. It is important to understand the holistic benefits of the Ninja program, but today we are focusing on its importance for youngsters.

### **BENEFITS OF NINJA TRAINING**

#### **Physical benefits**

Ninja courses are designed to challenge children at an appropriate level for their age, helping them develop strength, balance, coordination, and better cardiovascular health.

#### **Self-Confidence**

Confidence is not just about receiving support; a child must also experience genuine achievement. This program provides every child with the opportunity to improve and experience growth, fostering self-confidence.

#### **Socialization**

Your child will find a new peer group in these classes and will have the chance to form new friendships and resolve conflicts. This is especially important for children who struggle socially in school, as it gives them a fresh start. The skills they learn here can also help them interact better with other children at school.

#### **Honorable Competition**

It is important to *"win humbly and lose with grace"* and when children compete, they have the opportunity to learn these important skills that will help them throughout life.

#### **Cultivate Joy**

Sometimes, the love of doing something is all you need. Physical activity also releases endorphins (feeling happy) as well as offering stress relief. A feeling of joy can also come from achieving a goal, or mastering a skill.



What fun things  
do ninja class  
prepare you for?

- Rock climbing
- Monkey bars
- Ring travel
- Flexibility to navigate tricky obstacles
- Pegboard
- Warped wall
- Rope swing



# DID YOU KNOW?

**We hope you will enjoy this ongoing feature in our newsletter to provide you with answers to some frequently asked questions.**



As part of our Gymnastics Ontario Membership we have been asked to join the TRUE SPORT MOVEMENT and we have taken the pledge to use the 7 principles during our coaching.

## **What is True Sport?**

True Sport is an approach to values-based sport that is underpinned by seven principles: Go For It, Play Fair, Respect Others, Keep It Fun, Stay Healthy, Include Everyone, and Give Back. When the True Sport Principles are integral to the sport experience, we instill character in participants, strengthen communities, and increase opportunities for excellence. To put it simply, True Sport is dedicated to the idea that good sport can make a great difference.

For more information or to be part of this movement you can visit their website

<https://truesportpur.ca>

## **ADULTS...WE HAVE YOU COVERED!**

**We have classes for every athlete... YES even the adults!**

At INFINITY, our goal is to make Gymnastics and Ninja classes available for all age groups. We are excited to announce that we now host Adult Ninja classes & Adult Gymnastics classes!



*Registration is available online at [www.kemptvilleinfinity.com](http://www.kemptvilleinfinity.com)*

**ADULT AFRICAN DANCE, PILATES and other adult classes also coming soon!**

**Email [info@kemptvilleinfinity.com](mailto:info@kemptvilleinfinity.com)**

**if you are interested in finding out more.**



**Need help registering for any of our classes?**

**Email [admin@kemptvilleinfinity.com](mailto:admin@kemptvilleinfinity.com) and Ashley would be happy to help find the right class for you and your child. For the competitive program, please email [competitive@kemptvilleinfinity.com](mailto:competitive@kemptvilleinfinity.com).**

# KEMPTVILLE INFINITY... PROVIDING ENDLESS POSSIBILITIES

## Monthly BIRTHDAY PARTY & TEAM EVENT Lasertag

- Funlight Lasertag comes onsite to Infinity so the birthday guest & their friends or teams can have a blast without having to leave town!
- Fun for all ages - all welcome!
- 1st Saturday night of the month (next one November 2nd)
- \$275 for up to 15 people

**Kemptonville Infinity**  
now hosting

**BIRTHDAY PARTY  
& TEAM EVENT  
LASER  
TAG**



Kemptonville Infinity has partnered with  
**Funlight mobile laser tag**

FIRST SATURDAY OF EACH MONTH  
6, 7 & 8PM - 1 HOUR LASERTAG  
& 45 MINUTES PARTY ROOM  
\$275 FOR UP TO 15 PEOPLE

REGISTER @ [KEMPTVILLEINFINITY.COM](http://KEMPTVILLEINFINITY.COM)  
OR EMAIL [EVENTSWITHINFINITY@GMAIL.COM](mailto:EVENTSWITHINFINITY@GMAIL.COM)

## PA/PD Day Camps & More

Register at [www.kemptonvilleinfinity.com](http://www.kemptonvilleinfinity.com)  
or email [eventswithinfinity@gmail.com](mailto:eventswithinfinity@gmail.com) to book a  
group or birthday party or if you have any  
questions

YOU ARE INVITED TO KEMPTVILLE INFINITY'S

# HALLOWEEN PARTY

CRAFTS  
GAMES  
SNACKS

HAUNTED  
ROOM

SUNDAY, OCTOBER 27TH

DROP BY 4PM - 7PM

ALL INFINITY FAMILIES WELCOME

ALL KIDS MUST BE ACCOMPANIED BY AN ADULT

EARLY BIRD  
DISCOUNT  
\$8 advance

\$10 at  
the door

Limited spaces

EMAIL [EVENTSWITHINFINITY@GMAIL.COM](mailto:EVENTSWITHINFINITY@GMAIL.COM)  
WITH ANY QUESTIONS

REGISTER NOW HERE

## HEY KIDS....LEAVE THE PARENTS AT HOME!

- Last Saturday of the month (next one October 26th)
- Gym Activities, friends, crafts, games, movie on 6 foot screen, pizza supper and snacks too!
- 5-9pm
- \$40 each, sibling discount \$70 for 2 or \$100 max per family

## Kids Night Out

It's time to leave Mom and Dad at home and come have fun with friends at Kemptonville Infinity!

## Last Saturday of the Month

5pm-9pm

Ages 4+

\$40/child  
\$70/2 siblings  
\$100 max/family

- games
- crafts
- pizza dinner
- movie

Register today! [www.kemptonvilleinfinity.com](http://www.kemptonvilleinfinity.com)



- STEO will pick up and deliver to:  
Kemptonville Public  
South Branch  
Holy Cross

We need to seek more interest to make this happen.....

As of right now we are just asking parents to let us know what they are interested in, please.



## QUESTION OF INTEREST IN **BEFORE & AFTER SCHOOL CARE**

What if your kids could burn off extra energy after school?  
Enjoy gym time and games

- ✓ \$15 am or pm or \$25 both
- ✓ bus pick up and/or drop off directly at Infinity, 274 County Road 44, Kemptonville
- ✓ before care starting at 7am, after care until 6pm

**INTERESTED?**



EMAIL US  
[management@kemptonvilleinfinity.com](mailto:management@kemptonvilleinfinity.com)

VISIT OUR WEBSITE  
[www.kemptonvilleinfinity.com](http://www.kemptonvilleinfinity.com)

# Home School Classes

We are adding **MORE** home school weekday classes!

Kemptonville  
**Infinity**

These classes are designed for families who offer a homeschooling education. Students will do physical activity and learn some gymnastic skills offered by our coaches on various types of equipment in a fun learning environment

Customized to your child's needs.

Please email  
[info@kemptonvilleinfinity.com](mailto:info@kemptonvilleinfinity.com) for more details.





# KEMPTVILLE INFINITY BIRTHDAYS

- **GYMNASISTICS** \$250 for 10 kids
- **CHEER** \$275 for 15 kids
- **NINJA** \$300 for 20 kids
- **LASER TAG, 1st Sat. of the month**

Our birthday parties consist of 1 hr of gym time with certified coaches and your choice of themes.

Followed by 45mins in the party room to do gifts and food!

**CUSTOMIZABLE OPTIONS AVAILABLE!**  
Book online at [www.kemptonvilleinfinity.com](http://www.kemptonvilleinfinity.com)



Questions? Email [eventswithinfinity@gmail.com](mailto:eventswithinfinity@gmail.com)

## REGISTRATION NOW OPEN ONLINE!



# We Want Your Feedback and Comments!



on all things Infinity....



At Kemptville Infinity we always appreciate feedback and comments on things we are doing well, and things we can improve on.

## We want your thoughts!

Comments on classes you want to see in the future, program suggestions, facility updates, things to consider for the new space at Forest of Dreams, events you would like to have and so much more!

We want to hear it all. Use the Google Form link to fill out your feedback notes and we will do our best to put them into action in the future.

Thank you for feedback!

If you are happy with Infinity, please consider leaving us a Google review. It would really be appreciated.

## Events to comment on

- Weekend Birthday Parties
- Kids Night Out
- Laser Tag
- Summer Camps
- PA and PD Day Camps
- Drop In Sessions
- Weekly classes
- Ninja, Cheer or Gymnastics programming
- Homeschool classes
- Adult Fitness
- Competitive team and Pre-Competitive classes

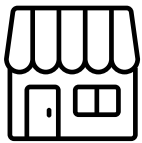
## Google Form Link

[https://docs.google.com/forms/d/e/1FAIpQLSdD1IxcHVVcuaWVepuVjW0k\\_LUEiBL3wkXA6YIbublzRHt5DA/viewform?usp=sharing](https://docs.google.com/forms/d/e/1FAIpQLSdD1IxcHVVcuaWVepuVjW0k_LUEiBL3wkXA6YIbublzRHt5DA/viewform?usp=sharing)



thank you

# Infinity Swag



Just some of our merch designs....



**NEW - Grab & Go merch now available at reception for purchase!**

**Also, consignment items for sale for Infinity families. Prices listed on items!**



Samples of our Infinity Swag are available for viewing in reception and we continue to add items from time to time.

For custom orders, we now have an online form to make ordering easier.

Click the following link or QR code above

[https://docs.google.com/forms/d/e/1FAIpQLScek92kxrJkW-B2arS\\_npk3WW0LH7mC7wOFqk4aTUuNCXZxug/viewform?vc=0&c=0&w=1&flr=0](https://docs.google.com/forms/d/e/1FAIpQLScek92kxrJkW-B2arS_npk3WW0LH7mC7wOFqk4aTUuNCXZxug/viewform?vc=0&c=0&w=1&flr=0)

**Expected delivery date is 2 weeks from order date. Ask if you need your order sooner as we may be able to accommodate if items are in stock.**

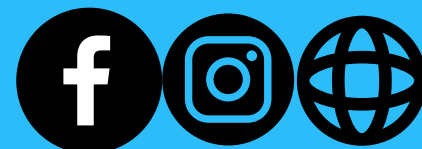


# Gift Certificates

**Gift Certificates always available for any occasion.**

*Suggest gift certificates to your family for gift-giving for monthly laser tag, kids night out, camps, PA/PD Days, swag, etc.*

**Check us out on  
Facebook &  
Instagram**



The best way to have your questions answered is by email as follows:

**General inquiries, class changes**

[info@kemptonvilleinfinity.com](mailto:info@kemptonvilleinfinity.com)

**Payment details or GO Questions  
Billing and financial inquiries**

[admin@kemptonvilleinfinity.com](mailto:admin@kemptonvilleinfinity.com)

**Competitive program inquiries**

[competitive@kemptonvilleinfinity.com](mailto:competitive@kemptonvilleinfinity.com)

<http://www.kemptonvilleinfinity.com>



**613.617.0888**