

### **November Newsletter**



### We Remember

On November 11 we always remember those fallen so that the past isn't repeated.

It is a time for reflection and gratitude, as we honor the sacrifices made by brave individuals who stood for peace and freedom.

### Word of the Month

#### <u>Thank you</u> Thank you to our families that have taught us many ways to say **Thank you** in October

Gracias - Spanish Merci - French Gmadlobt - Georgian Spaciba- Russian Tesekkur - - Turkish Bedankse - Dutch Danke - German Shnorhagalam - Armenian Dhanyavaad - Hindi

### **Monthly Contest**

November Contest: November 1- 29, draw will be on November 30.

Bring a canned good or non perishable item for the Foodbank and receive a ballot for each item you bring, to win a Movie Prize package to have the perfect family movie night!

### IN THIS ISSUE

2024

Important Dates & Links News From the Horse's Mouth (x2!) New Staff Did You Know? Flow Art Workshop Flex Fitness Kids Night out Monthly Laser Tag & PA/PD Days Before/After School & Homeschool Birthdays @ Infinity Feedback Form Infinity Merch/Swag Gift Certificates & Contact Us



November 2024 Newsletter



### **November CONTEST**



Bring in a canned good to donate and fill in a ballot to win a Family Movie Night package!

### November 18 Lunchtime FLEX FITNESS begins!

for details, see the page in this newsletter!

Register now for <u>KIDS NIGHT OUT</u> November 30 5-9pm

**FlowArt** 

Workshop

Nov. 3

\*see the flyer in this

newsletter

### Christmas Parade

**Twilux Festival** 

NOV. 2:

The Spirit Team will

be performing in

**Oxford Mills** 

Sat. Nov. 16

anyone interested in joining us in the parade please email eventswithinfinity@gmail.com

### Winter Session

Nov.15 is the release date for our winter schedule

### Friday, November 22

### **PA/PD Day Camp**

UCDSB & CDSBEO

**BOOK NOW!** 

### NEW LASER TAG

**Birthday Parties** 

Ist Saturday of each month 6, 7 & 8pm Ihr laser tag & 45min party room INQUIRE NOW!

eventswithinfinity@gmail.com





### **NEWS** FROM THE HORSES MOUTH

### WOMEN'S GYMNASTICS

Our Women's Artistic Gymnastics (WAG) competitive teams are off to a great start, having just completed their first physical testing of the year. Technically, they're improving every day, and both coaches and athletes are excited.

All the girls are working incredibly hard to progress, and we're looking forward to an outstanding season ahead!



### **COMPETITIVE TEAM UPDATES**

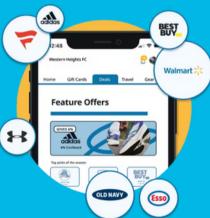
The girls competitive team are working hard towards their first competition in November. They will be hosting another fundraiser this month and all proceeds will go towards costs of their competitive team expenses.

Congratulations and thank you to everyone who donated to the October bottle drive--the team was able to raise \$700!!!!

### **NEW FUNDRAISER: FLIPGIVE**

FlipGive is a cashback fundraising app designed to help families lower the cost of youth sports. The platform allows teams to earn money by shopping at participating retailers, making fundraising as simple as making everyday purchases.

Simply go online to the app, and ensure you are using Kemptville Infinity's link so we get credited, and purchase "gift cards" for participating retailers. Each retailer gives a percentage to us from your purchase.



FlipGive link for Kemptville Infinity: https://www.flipgive.com/teams/424202-infinity-competitive-gymnastics



### **NEWS** FROM THE HORSES MOUTH, CONT'D

### NINJA NEWS

The ninja athletes are working on wapped wall work and some monkey and Koala moves on the bars to work on upper body strength and coordination. The athletes are being timed on their skills to work on their personal best, so they have a goal and can see how they are improving.

Towards the end of the season we would like to host a second annual Ninja challenge and would love to know if athletes are interested. More details to come and if anyone would be interested in sponsoring this event to make it fun for all our athletes.



### **Cheer News**

Cheer - will be changing to a combined 1.5 hour class with Coach Hailey taking on developing the cheer program and joining Coach Fionna to accommodate up to 16 cheerleaders of all ages.

### **Spirit Team News**

Community Spirit Team - Will be performing at The <u>Twilux Festival</u> in Oxford Mills on Saturday, Nov 2nd. Then the Christmas parades in Kemptville and Osgoode.

### **Special Event news**

Kemptville Christmas Parade is Nov 16th we would love to have our athletes join our float. Details to follow! Athletes need to be dropped off and picked up at the end of the route. Dress according to weather; there will be a float pulled by a vehicle if a child is cold, tired or just needs a break. We will be handing out candy and the community spirit team will be leading the group.

We ask that anyone interested in joining can email eventswithinfinity@gmail.com



### **NEW FACES**

Kemptville Infinity

> You may have seen some new faces around the gym and we wanted to have them experience the fun and exciting atmosphere at Kemptville Infinity. They have accepted the position and will be bringing some new ideas and amazing skills to the gym.



#### YASIR

began gymnastics at age 7, and by 14 reached the jr national level thanks to his coach, Wajdi Bouallegue. Yasir has always loved the feeling of moving through the air, and over time was inspired to coach by coach Wajdi, to whom he is grateful. Yasir enjoys passing along his knowledge to other students, and seeing them succeed in their own journey.



#### ITAY

is currently in high school and likes to be involved in his community. He chose Kemptville Infinity as a place to coach to gain experience and share his love for Ninja sport.



#### VAUGHN

loves the ninja sport, and wanted to share his knowledge. He has volunteered previously with karate during summer camps. His goal to be a ninja coach is to share his skills with athletes and give them the same feeling of joy that he has.



#### **FARES**

joined Kemptville Infinity to share his knowledge of gymnastics from his experience of competitive gymnastics when he was younger competed in tunisia coached by his dad and grandpa. He is looking forward to take his coaching as far as he can.



#### NADIA

is a licensed childhood educator and has been coaching gymnastics since 2016, when she earned her first certification in Northern Ireland. She is passionate about coaching and teaching children, and feels it's incredibly rewarding to see them successfully learn new skills.







### **DID YOU KNOW?**

We hope you will enjoy this ongoing feature in our newsletter to provide you with answers to some frequently asked questions.

### Stop! Before you take that picture/video.....

Every family has their own rules that work for their family. Not everyone is ok with their child being on social media or in pictures. We kindly ask that parents not take photos or videos of athletes during regular classes and DO NOT POST ON SOCIAL MEDIA as we have some families that have not consented to any media of their children. This is really important to us that we keep our athletes safe and happy. We can arrange a photo opportunity after the class.

### Are you ready for Winter?

Old Man Winter will soon be knocking on our door, and we want you to be prepared. Here are some important things to know about our policies:

Our gym families' safety is our utmost concern, and the decision to cancel classes is not made lightly. When we do need to cancel classes, we send out emails as well as post on our facebook page to inform everyone.

### Daytime class Cancellation: announced by 7:30 am Evening classes : announced by 3:00 pm

Kemptville Infinity will do it's best to get this information to you.... please do your part and check whenever you are in doubt.

### **LOST AND FOUND** -

Please remember to check out the lost and found collection located on the window at reception for water bottles, pants, shirts and hair accessories. It will be donated at the end of each semester if it is not labelled.

### Need help registering for any of our classes?

Email admin@kemptvilleinfinity.com and Ashley would be happy to help find the right class for you and your child. For the competitive program, please email competitive@kemptvilleinfinity.com.

### 

Flow Arts is a prop-based movement practice that blends elements of dance, martial arts, and object manipulation while emphasizing skill and creativity

### **WORKSHOP INFO:**



### Sunday, Nov. 3, 2024



### Ages 5-9: 12:45 pm-2:15 pm Ages 10+: 2:15 pm-3:45 pm



### **Kemptville Infinity,** 274 County Road 44, Units 1 & 2, Kemptville, ON



\$20.00 LIMITED SPACES!



Sign up on the website www.kemptvilleinfinity.com



### **SHAKE UP YOUR DAY WITH US!** free childcare!

Nov. 18 - Dec.12 12:05-12:50 pm

About Flex Fitness

### Cost for 4 week INTRO session:

any 1 class/week: \$60

any 2 classes/week: \$100

unlimited/week: \$160

Drop-in class: \$20

### JOIN NOW!

### Classes

montime

### mondays

#### with Coach Sam: Monday Motion

Shake off the Monday blah's and move to the beat of a new week!

### tuesdays

#### with Coach Sam: Fusion Fitness

A little bit of everything--cardio, yoga, African dance--explore movement and feed your soul!

### wednesdays

#### with Andrea Pilates Plus

Gentle pilates mat work with stretch & relaxation techniques to help get you over the mid-week hump and calm the inner chaos

### thursdays

with Andrea On the ball

Using an exercise ball for core strength for our base, work muscle and release tension while increasing focus

WEBSITE www.kemptvilleinfinity.com

**CONTACT US** 613-617-0888

KEMPTVILLE INFINITY PRESENTS...

# Kids Night Out

It's time to leave Mom and Dad at home and come have fun with friends at Kemptville Infinity!

X

November 30

5pm-9pm

Ages 4+



- \$40/child \$70/2 siblings \$100 max/family
  - games
  - crafts
  - pizza dinner

movie
 <u>Register today! www.kemptvilleinfinity.com</u>

### KEMPTVILLE INFINITY... PROVIDING ENDLESS POSSIBILITIES

### Monthly BIRTHDAY PARTY & TEAM EVENT Lasertag

- Funlight Lasertag comes onsite to Infinity so the birthday guest & their friends or teams can have a blast without having to leave town!
- Fun for all ages all welcome!
- 1st Saturday night of the month (next one December 7)
- \$275 for up to 15 people



6, 7 & 8PM - 1 HOUR LASERTAG & 45 MINUTES PARTY ROOM \$275 FOR UP TO 15 PEOPLE

EMAIL EVENTSWITHINFINITY@GMAIL.COM

### PA/PD Day Camps & More

<u>Register</u> at www.kemptvilleinfinity.com or email eventswithinfinity@gmail.com to book a group or birthday party or if you have any questions



- STEO will pick up and deliver to: Kemptville Public South Branch Holy Cross

We need to seek more interest to make this happen..... As of right now we are just asking parents to let us know what they are interested in, please.



### Home School Classes

We are adding MORE home school weekday classes!

Kemptville nfinity These classes are designed for families who offer a homeschooling education. Students will do physical activity and learn some gymnastic skills offered by our coaches on various types of equipment in a fun learning environment

Customized to your child's needs.

Please email info@kemptvilleinfinity.com for more details. 



### KEMPTVILLE INFINITY BIRTHDAYS

\$250 for 10 kids \$275 for 15 kids \$300 for 20 kids

NINJA • GYMNASTICS • CHEER
LASER TAG, 1st Sat. of the month

Our birthday parties consist of 1 hr of gym time with certified coaches and your choice of themes, followed by 45 mins in the party room to do gifts and food!

CUSTOMIZABLE OPTIONS AVAILABLE! Book online at www.kemptvilleinfinity.com

Questions? Email eventswithinfinity@gmail.com

# REGISTRATION NOW OPEN ONLINE!

### We Want Your Feedback and Comments!

on all things Infinity....

At Kemptville Infinity we always appreciate feedback and comments on things we are doing well, and things we can improve on.

### We want your thoughts!

Comments on classes you want to see in the future, program suggestions, facility updates, things to consider for the new space at Forest of Dreams, events you would like to have and so much more!

We want to hear it all. Use the Google Form link to fill out your feedback notes and we will do our best to put them into action in the future.

Thank you for feedback!

If you are happy with Infinity, please consider leaving us a Google review. It would really be appreciated.



### Events to comment on

- Weekend Birthday Parties
- Kids Night Out
- Laser Tag
- Summer Camps
- PA and PD Day Camps
- Drop In Sessions
- Weekly classes
- Ninja, Cheer or Gymnastics programing
- Homeschool classes
- Adult Fitness
- Competitive team and Pre-Competitive classes

### **Google Form Link**

https://docs.google.co m/forms/d/e/1FAlpQL SdD1lxcHVVcuaWVepu VjW0k\_LUEiBL3wkXA6Y IbublzRHt5DA/viewform ?usp=sharing 









# Just some of our merch designs....









NEW - Grab & Go merch now available at reception for purchase! Also, consignment items for sale for Infinity families. Prices listed on items!



Samples of our Infinity Swag are available for viewing in reception and we continue to add items from time to time.

For custom orders, we now have an online form to make ordering easier. Click the following link or QR code above

https://docs.google.com/forms/d/e/IFAIpQLScek92kxrJkW-

<u>B2arS\_npk3WW0LH7mC7w0Fqk4aTUuNCXZxug/viewform?</u> vc=0&c=0&w=1&flr=0

Expected delivery date is 2 weeks from order date. Ask if you need your order sooner as we may be able to accommodate if items are in stock.

Kemptville Infinity... providing endless possibilities

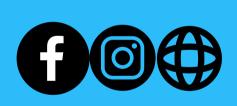


### Gift Certificates always available for any occasion.

Suggest gift certificates to your family for gift-giving for monthly laser tag, kids night out, camps, PA/PD Days, swag, etc.

Check us out on Facebook & Instagram







The best way to have your questions answered is by email as follows:

**General inquiries, class changes** 

Payment details or GO Questions Billing and financial inquiries

**Competitive program inquiries** 

info@kemptvilleinfinity.com

admin@kemptvilleinfinity.com

competitive@kemptvilleinfinity.com



http:// www.kemptvilleinfinity.com